

## November 2024 MD-HS Lunch Menu

Monday-CYCLE A 11/4/2024	Tuesday 11/5/2024	Wednesday 11/6/2024	Thursday 11/7/2024	Friday 11/8/2024
<b>Spicy/Crispy Chicken Sandwich Hamburger/Cheeseburger Salads/Wraps</b>  Baked Beans Sidekicks Baby Carrots Assorted Fruit (1 cup) Milk	<b>Chicken &amp; Veg Potstickers w/ Teriyaki Sauce Spicy/Crispy Chicken Sandwich Salads/Wraps</b>  Fried Rice (1/2 cup) Stir-Fry Vegetables Veggie Dippers Assorted Fruit (1 cup) Milk	<b>Pizza Crunchers (4) Buffalo Chicken Pizza Salads/Wraps</b>  Marinara Sauce Steamed Broccoli Assorted Fruit (1 cup) Milk	<b>Chicken N Waffles Hamburger/Cheeseburger Salads/Wraps</b>  Potato Roasters Tossed Salad Assorted Fruit (1 cup) Milk	<b>Pepperoni/Cheese Pizza Cold Sandwiches Salads/Wraps</b>  Baby Carrots Veggie Dippers Assorted Fruit (1 cup) Milk
Monday-CYCLE B 11/11/2024	Tuesday 11/12/2024	Wednesday 11/13/2024	Thursday 11/14/2024	Friday 11/15/2024
<b>Cheesy Bread Hamburger/Cheeseburgers Salads/Wraps</b>  Marinara Sauce Green Beans Cool Tropics Fruit Slush Assorted Fruit (1 cup) Milk	<b>Mini Cheese Quesadillas(3) Spicy/Crispy Chicken Sandwich Salads/Wraps</b>  Salsa Cup Tossed Salad Sliced Plainain Rounds Assorted Fruit (1 cup) Milk <i>Hot Sauce (1)</i>	<b>Brazilian Cheesy Bites (4/serving) Buffalo Chicken Pizza Salads/Wraps</b>  Garlic Toast Veggie Dippers Steamed Broccoli Assorted Fruit (1 cup) Milk <i>Parmesan Cheese packet (1)</i>	<b>Chicken Nuggets with Macaroni &amp; Cheese Hamburger/Cheeseburger Salads/Wraps</b>  Potato Roasters Tossed Salad Assorted Fruit (1 cup) Milk	<b>Pepperoni/Cheese Pizza Cold Sandwiches Salads/Wraps</b>  Baby Carrots Veggie Dippers Assorted Fruit (1 cup) Milk
Monday-CYCLE A 11/18/2024	Tuesday 11/19/2024	Wednesday 11/20/2024	Thursday 11/21/2024	Friday 11/22/2024
<b>Meatball Sub Mozzerella Cheese Breadsticks Salads/Wraps</b>  Marinara Sauce Steamed Broccoli Cool Tropics Fruit Slush Assorted Fruit (1 cup) Milk	<b>Nachos w/ meat and cheese Spicy/Crispy Chicken Sandwich Salads/Wraps</b>  Salsa Cup Tossed Salad Black Beans Assorted Fruit (1 cup) Milk <i>Hot Sauce (1)</i>	<b>Three Cheese Cavatappi Buffalo Chicken Pizza Salads/Wraps</b>  Garlic Toast Veggie Dippers Green Beans Assorted Fruit (1 cup) Milk <i>Parmesan Cheese packet (1)</i>	<b>BBQ Pulled Pork Sandwich Hamburger/Cheeseburger Salads/Wraps</b>  Tater Tots Tossed Salad Assorted Fruit (1 cup) Milk	<b>Pepperoni/Cheese Pizza Cold Sandwiches Salads/Wraps</b>  Baby Carrots Veggie Dippers Assorted Fruit (1 cup) Milk
Monday-CYCLE B 11/25/2024	Tuesday 11/26/2024	Wednesday 11/27/2024	Thursday 11/28/2024	Friday 11/29/2024

# Happy Thanksgiving



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